

CALENDAR HIGHLIGHTS THIS WEEK AT TRINITY

Sunday, March 15

- 9:15 am - Adult Forum (Barber Hall)
- 9:15 am - Sunday School (Jamison Hall)
- 11:30 am - Daughters of the King Meeting (Lounge)
- 12:00 pm - Trinity Kids Choir Practice (Choir Room)

Monday, March 16

- 10:30 am - Trinity Grief Support Group Meeting (Lounge)

Tuesday, March 17

- 10:30 am - Book Group Meeting (Lounge)
- 7:00 pm - Lent Visio Divina with the Rev. Suzanne (Loft)

Wednesday, March 18

- 10:00 am - Staff Meeting (Lower Level Conference Room)
- 10:00 am - Knaughty Knitters (Lounge)
- 12:00 pm - Holy Eucharist Noon Service (Sanctuary)
- 3:30 pm - Blessings in a Backpack (Barber Hall)

Thursday, March 19

- 9:15 am - Bible Study with Rev. Suzanne (Barber Hall)
- 7:00 pm - Choir Practice (Choir Room)

Sunday, March 22

- 9:15 am - Adult Forum (Barber Hall)
- 9:15 am - Sunday School (Jamison Hall)
- 12:00 pm - Trinity Kids Choir Practice (Choir Room)

TRINITY EPISCOPAL CHURCH

Loving and Serving one another so we may love and serve God's World



Fourth Sunday in Lent
March 15, 2026
The Holy Eucharist, Rite I
8:00 am

Rector: The Rev. Suzanne Hood
Associate Priest: The Rev. Bambi Willis
Campus Minister: The Rev. Ethan Lowery
Minister of Music: Barbara Fairfax
Sr. Warden: Val Folden
Jr. Warden: BJ Jarvis

825 College Avenue, Fredericksburg, VA 22401
Church Phone Number: 540-373-2996
Email: parish@trinity-fredericksburg.org
www.trinity-fredericksburg.org

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Trinity Episcopal Church at
825 College Avenue, Fredericksburg VA, 22401



Receiving Communion and One-On-One Prayer

Christ welcomes all to communion. Those Baptized in any Christian tradition are encouraged to receive communion.

- Receive the bread in open and outstretched hands and sip the wine, guiding the chalice to your lips.
- If you do not want to sip the wine, it is also perfectly appropriate to receive the bread only. If you wish to intinct, or dip the wafer in the wine, please hold the wafer in such a way that the Eucharistic Minister can intinct it and hand it back to you. Please do not intinct the wafer yourself.
- Gluten-free wafers are also available by request.
- Respond to communion by saying "Amen."
- If you prefer a blessing, cross your hands over your chest.
- Baptism is offered several times yearly; speak to the priest to learn more.
- If you wish to pray one-on-one with a Prayer Minister, go to the rear of the sanctuary after receiving communion or a blessing.
- Prayer ministers hold all requests in absolute confidence.

****Large print prayer books are available at the entrance of the church****

Please enter the Sanctuary in Silence:
Before the Service, speak to the Lord.
During the Service, let the Lord speak to you.
After the Service, speak to one another.

Welcome and Announcements

The Word of God

BCP 319

Celebrant Bless the Lord who forgiveth all our sins.
People His mercy endureth for ever.

Decalogue *(kneeling as able)*

BCP 317

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.
Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain.

Lord, have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

Lord, have mercy upon us, and incline our hearts to keep this law.

Honor thy father and thy mother.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt do no murder.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not commit adultery.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not steal.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbor.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not covet.

Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

If we say that we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. ~1 John 1:8-9

The Celebrant then says

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

SERVING US TODAY

Acolyte/Crucifer: Val Folden **Lector:** Karla Snellings
Eucharistic Minister: Karla Snellings
Prayer Minister: Marti Harrington **Vestry Person:** Harry Dickinson
Parish Shepherd: Randall Clingenpeel

DEDICATIONS

The VIGIL LIGHT is given to the Glory of God by the Corrado family in Memory of Peter Berry and by Sven & Kathy Rundman in Thanksgiving for their 42nd Anniversary.

TRINITY CLERGY AND STAFF

Rector: The Rev. Suzanne Hood
Associate Priest: The Rev. Bambi Willis **Campus and YA Minister:** The Rev. Ethan Lowery
Minister of Music: Barbara Fairfax
Parish Business Manager: Michele Brantley **Parish Office Coordinator:** Marvin Stearns
Sunday School Coordinator: Sam Burton **Parish Hospitality Manager:** BJ Jarvis

TRINITY VESTRY

Term - 2027: Val Folden (*Senior Warden*), Walt Harrison, Dave Hosaflook (*Treasurer*),
Term - 2028: Deborah Condren, Harry Dickinson (*Registrar*) Linda Falter, Sven Rundman
Term - 2029: Chris Brantley, BJ Jarvis (*Junior Warden*), Andrea Marcinkevicius

CONTACT US

825 College Avenue, Fredericksburg, VA 22401
www.trinity-fredericksburg.org (540) 373-2996

MISSION

Our mission is to share Christ's love and grace in a vibrant community whose joyful spirit empowers people to do God's work.

TRINITY INFO

For urgent concerns outside office hours, call or text our rector,
The Rev. Suzanne Hood at (804) 832-4109.

The Rev. Suzanne Hood can also be reached through email at: shood@trinity-fredericksburg.org

Church Office Hours Monday to Thursday - 9:00 am to 2:00 pm

Morning Prayer - Weekdays on Facebook - 6:30 am -
<https://www.facebook.com/trinityfredericksburg>

God our provider, we cry out for this planet and the life it holds. Rescue endangered animals and plants, preserve threatened ecosystems, and save creatures from natural disasters. Hear us, O God.
Your mercy is great.

God our sovereign, we plead for your peace on earth. Bring an end to war and violence, and raise up leaders in governments, courts, businesses, schools, and community organizations who seek goodness and mercy. Hear us, O God.
Your mercy is great.

God our healer, we call to you in our need. Uplift all who are made to feel unimportant, and transform the hearts of all infected by bigotry and prejudice. Care for all in special need this day. Hear us, O God.
Your mercy is great.

God our friend, we praise you for the diversity of people among us. Awaken us to share and receive the gifts we each possess, and stir up a spirit of understanding, celebration, and welcome for all. Hear us, O God.
Your mercy is great.

God our home, we thank you for all who have died and completed their baptismal journeys. Grant us faith to live until we too dwell in your house forever. Hear us, O God.
Your mercy is great.

Receive our prayers, O God, through Jesus Christ, our strength and salvation.
Amen.

The Peace BCP 332

Offertory Sentence

The Holy Communion

Eucharistic Prayer II BCP 340

The Lord's Prayer BCP 336

Prayer ministry offered at the rear of the church during the distribution of communion

Prayer for Sending out Eucharistic Visitors

Celebrant The bread which we break is a sharing in the Body of Christ. The cup of blessing which we bless is a sharing in the Blood of Christ.

People **As often as you eat this bread and drink this cup you proclaim the Lord's Death until he comes.**

Celebrant In the name of the congregation of Trinity Church, I send you out to N. and N. bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we all share one bread, one cup.

Post Communion Prayer BCP 339

Solemn Prayer

The Dismissal

Celebrant Let us bless the Lord.

People **Thanks be to God.**

Priest and People

**Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.**

The Priest stands and says

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

The Collect

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Reading

1 Samuel 16:1-13

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Reader: The word of the Lord.
People: Thanks be to God.

Psalm 23 (in unison)
The Lord is my shepherd; *
I shall not be in want.

BCP 612

He makes me lie down in green pastures *
and leads me beside still waters.

He revives my soul *
and guides me along right pathways for his Name's sake.

Though I walk through the valley of the shadow of death, I shall fear no evil; *
for you are with me; your rod and your staff, they comfort me.

You spread a table before me in the presence of those who trouble me; *
you have anointed my head with oil, and my cup is running over.

Surely your goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of the Lord for ever.

Second Reading

Ephesians 5:8-14

Once you were darkness, but now in the Lord you are light. Live as children of light — for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says,

“Sleeper, awake!
Rise from the dead,
and Christ will shine on you.”

Reader: The word of the Lord.
People: Thanks be to God.

The Gospel

John 9:1-41

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.
People: Glory be to thee, O Lord

As Jesus walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.” When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him, “Go, wash in the pool of Siloam” (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” But they kept asking him, “Then how were your eyes opened?” He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” They said to him, “Where is he?” He said, “I do not know.”

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, “He put mud on my eyes. Then I washed, and now I see.” Some of the Pharisees said, “This man is not from God, for he does not observe the sabbath.” But others said, “How can a man who is a sinner perform such signs?” And they were divided. So they said again to the blind man, “What do you say about him? It was your eyes he opened.” He said, “He is a prophet.”

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, “Is this your son, who you say was born blind? How then does he now see?” His parents answered, “We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.” His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, “He is of age; ask him.”

So for the second time they called the man who had been blind, and they said to him, “Give glory to God! We know that this man is a sinner.” He answered, “I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see.” They said to him, “What did he do to you? How did he open your eyes?” He answered them, “I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?” Then they reviled him, saying, “You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from.” The man answered, “Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing.” They answered him, “You were born entirely in sins, and are you trying to teach us?” And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, “Do you believe in the Son of Man?” He answered, “And who is he, sir? Tell me, so that I may believe in him.” Jesus said to him, “You have seen him, and the one speaking with you is he.” He said, “Lord, I believe.” And he worshiped him. Jesus said, “I came into this world for judgment so that those who do not see may see, and those who do see may become blind.” Some of the Pharisees near him heard this and said to him, “Surely we are not blind, are we?” Jesus said to them, “If you were blind, you would not have sin. But now that you say, ‘We see,’ your sin remains.”

Celebrant: The Gospel of the Lord
People: Praise be to thee, O Christ

The Sermon

The Rev. Suzanne Hood

The Nicene Creed

BCP 326

The Prayers of the People

Reconciled by God’s mercy and sustained by God’s presence,
let us pray for the world and its needs.

A brief silence.

God, our shepherd, we pray that you guide the church. Lead Christians in our community and across the globe in right paths for your name’s sake. We remember especially Immanuel on the Hill in Alexandria, Kingston Parish in Mathews, and Holy Comforter in Richmond in this week’s Diocesan cycle of prayer. Hear us, O God.

Your mercy is great.