



**TRINITY
EPISCOPAL
CHURCH
FREDERICKSBURG,
VIRGINIA**

LOVING AND SERVING ONE ANOTHER SO WE MAY LOVE AND SERVE GOD’S WORLD.

SECOND SUNDAY IN LENT

March 1, 2026 — 10:30 AM

*Book of Common (BCP) and Hymnal pages are listed on the right. BCP: Book of Common Prayer,
S or H: Hymnal 1982, L: Lift Every Voice and Sing II*

The 10:30 a.m. service is livestreamed on our Facebook page:
<https://www.facebook.com/trinityfredericksburg>.

THE LITURGY OF THE WORD

HEARING AND RESPONDING TO HOLY SCRIPTURE

Prelude **Welcome to this place** **Orlando Jaurez**

Welcome and Announcements

Processional Hymn **The God of Abraham** **H-401**

Celebrant Blessed be the Lord who forgives all our sins.
People **His mercy endures forever.**

Decalogue **BCP 350**

Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. ~1 John 1:8-9

The Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Celebrant and People

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Celebrant Lord have mercy.

People **Christ have mercy.**

Celebrant Lord, have mercy.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Collect of the Day

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

Please sit for the reading of the scriptures.

The First Lesson

Genesis 12:1-4

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him; and Lot went with him.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 121

(Call and response, alternating by half verse)

BCP 779

I lift up my eyes to the hills; *

from where is my help to come?

My help comes from the Lord, *

the maker of heaven and earth.

He will not let your foot be moved *

and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel *

shall neither slumber nor sleep;

The Lord himself watches over you; *

the Lord is your shade at your right hand,

So that the sun shall not strike you by day, *

nor the moon by night.

The Lord shall preserve you from all evil; *

it is he who shall keep you safe.

The Lord shall watch over your going out and your coming in, *

from this time forth for evermore.

The Second Lesson

Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord.

People **Thanks be to God.**

Sequence Hymn

My faith looks up

H-691

The Holy Gospel *Standing as able*

John 3:1-17

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things? “Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. “For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. “Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Children’s Homily

The Sermon

The Rev. Suzanne Hood

Prayers of the People *Stand or kneel as able*

Reconciled by God's mercy and sustained by God's presence, let us pray for the world and its needs.

A brief silence.

Faithful One, you renew us by grace. As you have inspired faith through the work of church artists and hymnwriters throughout the ages, give your church the means to praise your beauty today. We remember especially St. David's Aylett, Grace Stanardsville, and St. Peter's in the Woods Fairfax Station in this week's Diocesan cycle of prayer. Hear us, O God.

Your mercy is great.

Living One, you delight in this world. The sun and moon, the wind and the water declare your goodness. Preserve this earth, and protect conservationists, scientists, and all who labor in service to creation. Hear us, O God.

Your mercy is great.

Ruling One, you bless us to be a blessing. Open the hearts of all leaders to seek the flourishing of every person and lend your help to all who wait for justice, deliverance, and peace. Hear us, O God.

Your mercy is great.

Compassionate One, you send your Son to save. Declare your word of acceptance to any who feel condemned and lift up any brought low by hatred and exclusion. Tend to all who are struggling with illness or loss. Hear us, O God.

Your mercy is great.

Guiding One, you watch over our going out and coming in. Bless newcomers and new members in this assembly and accompany those who have recently left this community to journey elsewhere. Hear us, O God.

Your mercy is great.

Eternal One, you neither slumber nor sleep. Be our keeper in life and in death. Thank you for our beloved who have died, and for your promise which saves this whole world by your love. Hear us, O God.

Your mercy is great.

Receive our prayers, O God, through Jesus Christ, our strength and salvation.

Amen.

The Peace *All stand as able*

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Offertory Sentence

Music at the Offertory

Behold him in dark Gethsemane

Jay Althouse

Hymn at the Presentation

The Doxology

THE LITURGY OF THE TABLE
HOLY COMMUNION

Eucharistic Prayer, Prayer A BCP 361

Sanctus S-125

The Lord's Prayer BCP 364

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

Fraction L-270

Invitation to Communion

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you and feed on him in your hearts by faith, with thanksgiving.

Prayer Ministry offered at the rear of the church during the distribution of Communion.

Communion Hymn **Bless the Lord my soul** Taize
Forty days & forty nights H-150

Post Communion Prayer *Standing or kneeling as able* BCP 366

Celebrant Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Solemn Prayer *Standing as able*

Recessional Hymn **We've come this far by faith** L-208

The Dismissal

Celebrant Let us bless the Lord.

People Thanks be to God.

Postlude **God be with you** L-234

SERVING US TODAY

Acolyte/Crucifer: Brennan Gray **Gospel Book:** Beth Carniol
Lector: Dan Gray **Intercessor:** Bruce Davis
Eucharistic Minister(s): John Tyler **Vestry Person:** Harry Dickinson
Digital Minister: Cian Gray **Usher(s):** Bruce Davis
Prayer Minister: Martha Crigler **Parish Shepherd:** Carol Green

DEDICATIONS

The **VIGIL LIGHT** is given to the Glory of God by Cindy & Pete Marshall and Family
In Loving Memory of Stanton Robert (Robbie) Thomas on his birthday.

TRINITY CLERGY AND STAFF

Rector: The Rev. Suzanne Hood
Associate Priest: The Rev. Bambi Willis **Campus and YA Minister:** The Rev. Ethan Lowery
Minister of Music: Barbara Fairfax
Parish Business Manager: Michele Brantley **Parish Office Coordinator:** Marvin Stearns
Sunday School Coordinator: Sam Burton **Parish Hospitality Manager:** BJ Jarvis

TRINITY VESTRY

Term - 2027: Val Folden (*Senior Warden*), Walt Harrison, Dave Hosaflook (*Treasurer*)
Term - 2028: Deborah Condren, Harry Dickinson (*Registrar*) Linda Falter, Sven Rundman
Term - 2029: Chris Brantley, BJ Jarvis (*Junior Warden*), Andrea Marcinkevicius

CONTACT US

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www.trinity-fredericksburg.org (540) 373-2996

MISSION

Our mission is to share Christ's love and grace in a vibrant community whose joyful spirit empowers people to do God's work.

TRINITY INFO

For urgent concerns outside office hours, call or text our rector, The Rev. Suzanne Hood at (804) 832-4109.
The Rev. Suzanne Hood can also be reached through email at: shood@trinity-fredericksburg.org
Church Office Hours Monday to Thursday - 9:00 am to 2:00 pm

Morning Prayer - Weekdays on Facebook - 6:30 am - <https://www.facebook.com/trinityfredericksburg>

CALENDAR HIGHLIGHTS THIS WEEK AT TRINITY

Sunday, March 1

- 9:15 am - Adult Forum (Barber Hall)
- 9:15 am - Sunday School (Jamison Hall)
- 11:30 am - Daughters of the King Meeting (Lounge)
- 12:00 pm - Trinity Kids Choir Practice (Choir Room)

Tuesday, March 3

- 10:30 am - Book Group Meeting (Lounge)
- 7:00 pm - Lent Visio Divina with the Rev. Suzanne (Loft)

Wednesday, March 4

- 10:00 am - Staff Meeting (Lower Level Conference Room)
- 10:00 am - Knaughty Knitters (Lounge)
- 12:00 pm - Holy Eucharist Noon Service (Sanctuary)
- 3:30 pm - Blessings in a Backpack (Barber Hall)

Thursday, March 5

- 9:15 am - Bible Study with Rev. Suzanne (Barber Hall)
- 7:00 pm - Choir Practice (Choir Room)

Sunday, March 8

- 9:15 am - Adult Forum (Barber Hall)
- 9:15 am - Sunday School (Jamison Hall)
- 12:00 pm - Trinity Kids Choir Practice (Choir Room)

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825 College Avenue, Fredericksburg VA, 22401



Receiving Communion and One-On-One Prayer

Christ welcomes all to communion. Those Baptized in any Christian tradition are encouraged to receive communion.

- Receive the bread in open and outstretched hands and sip the wine, guiding the chalice to your lips. • If you do not want to sip the wine, it is also perfectly appropriate to receive the bread only. If you wish to intinct, or dip the wafer in the wine, please hold the wafer in such a way that the Eucharistic Minister can intinct it and hand it back to you. Please do not intinct the wafer yourself. • Gluten-free wafers are also available by request. • Respond to communion by saying “Amen.” • If you prefer a blessing, cross your hands over your chest. • Baptism is offered several times yearly; speak to the priest to learn more.
- If you wish to pray one-on-one with a Prayer Minister, go to the rear of the sanctuary after receiving communion or a blessing. • Prayer ministers hold all requests in absolute confidence.